Dear Parents and Carers,

PRINCIPAL’S REPORT

Reminders:

- Twilight School Day Thursday May 19th school starts at 1:00pm on this day and finishes at 7:00pm.

Celebrating Earth Day 2016

Reminder that tomorrow we are heading over to our adopted area of Kororoit Creek to add a further 500 plants to the area. If you are free please join us for the day!

Adopting an area of Kororoit Creek not only supports Brimbank Council and Melbourne Water, it also promotes to the students the importance of caring for our environment, local community, country and planet!

Times students will be arriving at the creek:

- Prep and their Year 5/6 buddies 9.40am – 11.40am
- Year 1 and 2 students 10.40 – 1.00pm
- Year 3 and 4 students 12.00pm – 2.00pm

Meet your child’s class at the school if you are unsure of the location.

Would you like a box for that watch?

It happened again! During a coffee break at a Principal’s forum on Friday last week I was chatting to two Principals from another school who both asked me how my daughters were going. When I mentioned how old they were they both gave each other that look (the look that parents with older children give) and commented on how that was the best age. Then one of them proceeded to say how if she could pass on any advice after having gone through the challenging years that she wouldn’t take things so seriously.

But no. These are the ‘easy’ years. I’m not sure what to believe! It’s a bit like when my mum cooks something and I ask her how to make it and she says it’s ‘easy’. However, when she explains the method of how to produce the delicacy I’m sure she is comparing making this one dish to preparing a feast for 50 people for Christmas!

Easy for me is when cooking is 3 ingredients, a quick stir and 15 minutes in the oven. Easy for my mum is having an established vegetable garden in the back yard, spending only 8 hours gathering the other items, getting up at 3am to prepare and having to only use 3 stove top elements and ¾ of the oven space.

Both these Principals have daughters in their 20s and mentioned that the ‘challenging years’ never end but spike during the teenage years! There it is again! Those dreaded ‘teenage’ years. Who invented those years? My eldest daughter turns 10 in two months! To make things worse they even got their ears pierced over the holidays, which surely there is a connection.

When I asked about those ‘challenging years’ I was seriously hoping they were between the ages of 1 to 4. Honestly, what could be more challenging than carrying a toddler over your shoulder out of a toy shop screaming ‘I hate you’ while having other parents look at you wondering if she actually belongs to you.

When I asked about those ‘challenging years’ she wouldn’t take things so seriously. Initially we agreed that the ear piercing would occur when they turned 10. But after 4 years.
of pleading, we finally gave in and decided to send them in early. I say sending them in early because I had no idea what to expect. I thought ear piercing would be like buying a watch. You find a shop, walk in, and find one you like, try it on, pay and you’re on your way. You don’t lose sleep the night before because you are nervous and excited to be buying a watch. You’re not interested in sharing the news with your friends. Why would this matter? It’s just a watch! As long as it tells the right time that’s all you really want! You’re not even sure you need it as you have a phone with the time on it! Do people actually buy watches nowadays?

But, no. As I discovered, buying a watch is nothing like getting your ears pierced. It’s not even close! It is, up until this point, the most exciting event in my daughter’s life! Who could blame them especially how it involves getting a ‘piece of metal shot through your ear lobe’?

The lead up to the ear piercing event was an experience. It was like going to the dentist but actually being excited about the fact that they were going to use the drill! When we arrived at the place where the ‘piece of metal gets shot through your ear lobe’ I was amazed to discover that they even have a special room for ear piercing procedures! You don’t get this when buying a watch! To add to the experience they even asked my daughters if they would prefer a shot at the same time to get it over and done with quickly! This is when I would have walked away and just used those fake earrings that are found in play sets of children around the world! You know the ones that involve no pain!

Surprisingly my daughters made it into the special ear piercing room that you don’t have at watch selling shops. My youngest one asked if it will hurt and the ear piercer said just a little bit. This was when I thought she’d make a run from it. But no, the desire to have her ears pierced earlier than expected overtook any fear of pain.

Of course there were tears but they both did it. It sounded like a staple gun attaching a piece of card to a wall but as they both mentioned to me once the pain had subsided, it was all worth it!

Is this the way things will go during those challenging ‘teenage years’? Why couldn’t the teenage years be more like buying a watch! Every once in a while there are problems, like a flat battery or adjustments to the band. But they are easy to fix, just take them to the ‘watch fixing shop’ then when you return from a bit of shopping everything is back to normal! How simple is that!

If only life was like buying a watch!

Alex Artavilla
Principal

Canteen subcommittee update
Please note that a revised version of the Canteen menu will be sent home to families next week. Apologies for this but the version that was sent home last week did not include the updated food ratings (this includes ‘green’, ‘amber’ and ‘red’). If you are interested in learning more about the work of the Canteen Sub Committee or if you would like to join the group their next meeting is on Wednesday 27th of April at 5:30pm. The meeting will be held in the room opposite the office. If you are interested please contact the office on 8311 7100.

The Canteen Sub Committee surveyed the school community last year regarding the food options available at the school canteen. They have also been supported by the ‘Healthy Eating Advisory Service’ (HEAS) at Nutrition Australia in ensuring that the canteen meets the ‘School Canteen Guidelines’. Based on the School Canteen Healthy Eating guidelines, the majority of the food options on the canteen menu are rated as ‘amber’. The goal of the sub-committee is to work with the current Canteen operators to include more ‘green’ options. As most members of the subcommittee have other work and family commitments any extra support and members would be greatly appreciated. Please also feel free to drop by the office if you have any questions or queries.

UPLIFT COLLECTIVE FUNDRAISING NEWS

Raising extra funds for kids, thanks to the work of our students!

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
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<tbody>
<tr>
<td>2015 Fundraising</td>
<td>$4,633.00</td>
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<tr>
<td>Easter Raffle 2016</td>
<td>$ 950.10</td>
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Please note that money raised in 2015 was to be used to contribute to the creation of an outdoor space for the students. This project has been delayed due to the works occurring in relation to the $421,000 Government Grant and will commence in Term 3.
Instrumental Lessons at School

Did you know that Music:

- Develops mind, hand & eye coordination
- Enhances listening skills
- Improves self-esteem
- Is fun!

Lessons starting from $14.00

5% Discount to Parents wishing to enrol more than 1 child.

Enrolment forms are available from the School Office or contact Genesis Music School Direct on 0421 426 674.

STUDENT OF THE WEEK
Presentation at Friday Assembly

Prep:
A  Amir-Ali Azizi
B  TBA
C  Anastasia Lokhorst
D  Stella Zito-Ryan

One:
A  Emma Hart
B  Roukaya Mesto
C  Riyal Mohamoud

Two:
2A  Matina Ezekiela
2B  Khalid Abdi
2C  Pranesh Naikar

Three:
A  Mallak Dib
B  Alex Kuloski
3/4A  Mahdi Noori

Four:
A  Joel Lord

Five:
A  Jaysee Calingacion
B  Abdullahi Hassan

Six:
A  Jordan Suriyabandara
B  Imogen Kortlang

Multimedia:  Jaysee Calingacion
Sport:  Lolohea Motuliki
Spanish:  Eva Dimkovski
Art:  Lana Schulz
Science:  Matteo Caspit

Congratulations Everyone
Great Achievement!
**Literacy and Numeracy Tips of the Week**

**Literacy Tip:** Give your child a pad of sticky notes to write messages or reminders for themselves.

**Numeracy Tip:** Collect and read recipes and discuss the use of fractions, millilitres and grams. Encourage your child to make accurate measurements using measuring cups and spoons.

**Useful Literacy and Numeracy Websites**

**Literacy Websites:**
3. [www.starfall.com](http://www.starfall.com)
4. [www.tumblebooks.com](http://www.tumblebooks.com)

**Numeracy Websites:**
4. [www.coolmath-games.com](http://www.coolmath-games.com)

Sonia Papadopoulos - Literacy
Gail Liakoureas - Numeracy
Twilight School Organisational Details
Thursday 19th of May 2016

To showcase and celebrate the learning experiences offered at Sunshine Heights Primary School, on Thursday 19th of May 1:00pm – 7:00pm the students will have the opportunity to experience a ‘Twilight’ school day. On this day the students will arrive at school at 12:45pm for a 1:00pm start with school finishing at 7:00pm.

Twilight School will give parents/carers/grandparents the opportunity to visit and enjoy their child’s classrooms in action. We will also use this event to invite our kindergarten friends and families!

The school day times on our Twilight School Day will be as follows:
1:00 – 3:00pm Session 1 and 2
3:00 – 3:30pm RECESS
3:30 – 4:30pm Session 3
4:30 – 4:40pm Eating time
4:40 – 5:30pm OUTSIDE TIME (this may vary depending on the time that the sun will be setting)
5:30 – 7:00pm Session 4 and 5

Students will be expected to arrive at class/school at 12:45pm. At the end of the school day parents will be asked to pick their child up from the classroom. No child will be allowed to walk home from school – this is the same policy that applies for school concert nights. Parents will also be asked to inform the class teacher in writing prior to the day of alternative picking up arrangements (e.g. uncle/friend picking up student).

We are currently looking at the idea of pre-ordered meal arrangements for the students. More information regarding food arrangements will be provided in the coming months.

Parents/carers are encouraged to arrive at any time of the day for as long as they would like to stay. However, it will be important for parents to remember that it is a normal school day and that students will be expected to stay at school until the end of the day (unless they have after school sports/music session - the decision to attend the session is up to the parent/student – parents are encouraged to pick up their child from school at any time to attend the training session/lesson).

More details regarding the day are currently being finalised with staff to ensure it is a successful school event and will be shared with families weeks prior to the event.

Other important information:
- Police will be contacted to support at school crossings if official school crossing personnel are unable to man crossings before school starts – between 12:30 – 1:10pm.
- Staff members will man all school crossings (not just the ones around the school boundary) used by students before school starts. Crossings supervision will commence at 12:30pm. It would also be good to have parent volunteers assist with school crossings.
- A map of the school crossings that will be manned between 12:30pm and 1:10pm will be provided to all families.
- Parents will be required to sign in at the school office prior to visiting their child’s classroom.

Twilight School will prove to be another exciting day for the students and the whole school community!

Please contact the school if you have any further questions regarding ‘Twilight School’.
2016 Mother’s Day Breakfast

Friday 6th May 2016
8am-9am
in the gym

This Mother’s Day the Uplift Collective warmly welcomes you to bring your loved one somewhere over the rainbow, as we transform the gymnasium into a little paradise where you can show gratitude to your special someone and create a special memory with them.

The Uplift Collective will set up a special Mother’s Day Photo Booth to capture the moment (all photos will be available for order in the week after the breakfast), a craft table where you can make cards for your loved one, a range of board games to play with your loved one, special ‘gratitude’ cards so you can let your loved one know exactly what they mean to you and of course our special delicious self-serve breakfast.

This year, the collective have designed some special t-shirts to celebrate how special and super our loved ones are. Families and friends can pre-order and pay for their t-shirt, choosing from 10 stellar designs, using the new app QKRI which can be downloaded easily on the app store on smart phones or accessed via Tiqiqz. All t-shirt orders must be in by Wednesday 27th April 2016 to ensure you are able to collect your tee on the day of the breakfast and right on time to wear on Mother’s Day.

The Uplift Collective will have a small stand set up with our infamous badges and some other trinkets to make the day even more special.

We hope you can join us somewhere over the rainbow as we celebrate the sunshine you bring to our lives.
SWIM Lessons $9
No Full-Term Commitment Pay As You Go
First 2 Lessons Special introductory Offer Only
Phone: 93383092 / 0413180046
Airport West Swimming Academy
20-22 Howes Street Airport West 3042