Parenting Program

About the program

The program uses mindful reflection to support parents of children of all ages to:

- review and enhance their patterns of communication with their children
- promote more respectful interactions
- encourage the development of children’s positive self-identity.

When: Each Friday from 20 February – 27 March 2015
Where: Sunshine Heights Primary School
        1-19 Mailey Street, West Sunshine Vic 3020
Time: 9.15am – 11.15am

This is a FREE program
There is a FREE child minding service available

To RSVP contact Vesna Begovic on 9311 4209 or Munira Adam on 9680 8444.
This program is run as a partnership between:

MacKillop Family Services

REGIONAL PARENTING SERVICE — (ParentsLink)